

PRE-OPERATIVE INSTRUCTIONS FOR GENERAL SEDATION

- Eating:** DO NOT eat food after midnight on the night before your surgery.
- Drinking:** DO NOT drink fluids, including water, after midnight on the night before your surgery. DO NOT smoke or consume alcohol 24 hours before surgery.
- Medications:** Medications that you normally take should be continued, with a **SMALL SIP** of water, unless your physician tells you otherwise.
- Clothing:** Please wear loose fitting clothing with sleeves that can be rolled up past the elbow and low-heeled shoes. Remove watches, bracelets, rings, and other jewelry. We'll be placing monitoring sensors, therefore we will need to be able to place and remove these with ease.
- Requirements of Your driver:** DO NOT drive or plan to ride on public transportation after general anesthetic. Arrange for a responsible adult to take you home and look after you at home.

Please reference surgery handout for further instructions.

Take the following medications as indicated:

- Anti-inflammatory (for relief of discomfort): _____
Take 1 tablet every 4 to 6 hours for pain after your surgery.
- Antibiotic (*Pre-Med*): _____
Take 4 tablets (*Pre-Med*) 2 hours before surgery appointment, with a small sip of water. After surgery, begin additional antibiotic (_____), taking 1 tablet 4 times per day until finished.
- Antibiotic: _____
Take 2 tablets starting after surgery. Then 1 tablet 4 times per day until finished.
- Chlorhexidine Gluconate Rinse (Peridex)
Swab surgical area twice daily after surgery
- Strong Pain medication will be given at time of surgery.